HELSE SØR-ØST

# Template for the project description

**Please note that while all sections of the project description are mandatory, some bulleted elements will not be relevant to every type of project.**

The template is designed to address all the elements of the evaluation criteria used in the application review process.

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## Format requirements:

- *Language:* The project proposal must be written in English and should be concise and to the point.
- *Length:* Maximum of 10 pages, including figures, tables and the list of references
- *Font:* Use Arial, Calibri, Times New Roman (11 pt), or a similar font. Single spacing with a minimum of 2 cm margins.
- *References and Figures:* A 9 pt font may be used for the list of references and for figure captions.

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## The project description

### Project title

The title must correspond to the project content, be written in English and consist of no more than 150 characters. Do not use all capital letters or only acronyms.

### 1. Scientific background and significance

Provide a focused description of the project's scientific background, including the current state of knowledge and key challenges in the field. Explain the significance of the problem or critical barrier to progress that the proposed project addresses.

#### 1.1. Innovation elements[1] and improvements

Explain how the proposed project will improve scientific knowledge, enhance technical capabilities, and/or advance clinical practice in one or more fields. The text should align with the needs description entered in the application form (eSøknad).
Describe any refinements, improvements, or new applications of theoretical concepts, approaches or methodologies, instrumentation, or interventions.

### 2. Hypotheses, aims and objectives

The main hypotheses should be clearly presented. The main and secondary aims should be briefly stated in the online application form and elaborated further here. The objectives should be clearly defined, concrete and verifiable. Any results expected to be achieved during the project period should also be entered here.

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[1] «Nyskapning»

## 3. Approach

Describe the overall strategy, methodology and analyses to be used to accomplish the specific aims of the project.

### 3.1. Methods, analyses and technologies

Describe the experimental design and justify the choice of scientific methods, why they are suited to resolve the hypotheses and/or specific issues, and how they will achieve robust results. Describe plans to address potential weaknesses and alternative risk management strategies for the proposed project. Include how the data will be collected, analysed and interpreted.

For trials that randomise groups or deliver interventions to groups, describe how the study design, analytical methods, and sample size are appropriate for participant assignment and intervention delivery. Explain how relevant biological variables, such as sex, are integrated into the research designs, patient stratification and analyses.

### 3.2. Participants, organisation and collaborations

Include an overview of the project participants and their roles, organisational structure and collaboration framework. This should include:

- The research group's expertise relevant to carrying out the project
- The scope and nature of collaborations, whether external, regional, national or international
- How the teaching environment facilitates the completion of any PhD fellowships

All active partners in the project should also be listed in the online application form.

### 3.3. Plan for activities, visibility and dissemination

An activity plan with clear milestones should be entered in the online application form. The project plan and milestones for efficient implementation of the project can be elaborated further in this section. Include information on visibility and any plans for dissemination of results.

### 3.4. Potential for implementation

Provide a description of the potential for implementing and/or translating the results of the research project into clinical practice within a realistic time frame. Please also describe any dependencies, e.g. the development of competence and/or technology in other areas, which will contribute to implementation of the results of the project.

## 4. Budget

The budget should be entered in the online application form. The budget should provide a clear overview of the financial framework for the project and correspond to its aims and content. The module in the online form has a dedicated text field for providing detailed information on the use of budgeted funds and resources.

In the project description, supplementary information about the budget can be stated. In addition, the project's total budget must be presented, detailing the extent of the Helse Sør-Øst RHF contribution and other funding sources.

## 5. User involvement

Describe any plans for user involvement, the extent to which users will be involved in planning and/or carrying out the project, or if not, why this is not relevant.

- How are users involved in the planning of the project and how will they be involved in carrying out the project and disseminating the results?
- Are users involved in other ways (organisations that facilitate research/makes decisions about research)?

## 6. Ethical considerations

Describe any ethical consideration associated with the proposed research project and explain how these will be handled. If there are no ethical issues, this should also be clearly stated and justified here.

## 7. References

The list of references should include literature supporting the academic content of the project.